



The Main Psychotherapy Training Programme Entry Criteria

Certificate and Diploma Awards

A. **You will have attended a '101'** introductory course or you are willing to commit to attend this introductory course within your first year of training.

B. One or more of the following:

- Undergraduate degree
- Relevant professional training
- Prior life experience that demonstrates the personal qualities below.

C. Personal Qualities:

- a lively and enquiring mind
- a capacity for critical reflection and self-directed learning
- an ability to listen and respond with compassion and respect
- awareness of prejudice and ability to respond openly to issues of social difference
- a capacity for in-depth self-reflection
- self awareness and commitment to self-development
- personal resources to engage with the demands of the training and the work of psychotherapy
- to act in a responsible, reliable and trustworthy way towards others and self
- to treat others with regard and respect
- a personal life compatible with professional ethics